

SUPPORT SERVICES AVAILABLE FOR FAMILIES IN MITCHELTON.

Education Queensland, Regional Partnership and Transition Officer

- Building connections between early childhood services and schools
- ❖ Contact through Education Department Ph: 13 74 68
- ❖ <http://deta.qld.gov.au/earlychildhood/docs/fact-sheet-reciprocal-relationships.docx>

Regional Education Liaison Officer (REDLO) for Defence Families

- Supporting families through transitions (re-location) and whilst parents are deployed.
 - Accessing early childhood services, schools
 - Tuition support
 - Help with accessing support for children with additional needs including therapy sessions
 - Kids Smart program and resources co-written with ECA.
 - Defence Transition Aides (primary school) and Mentors (high school)
 - PEEP (Parent Partner Education Program) –supporting parents with resume writing, skills for employment
 - Cuddly toy/paper chains (while a parent is deployed)
 - Access to social workers for families as required
- ❖ Contact for families: 1800 624 60
- ❖ Contact for Brisbane North: 3354 0554 cathy.dellit@defence.gov.au www.defence.gov.au/dco

Mission Australia, Brisbane North Referral for Active Intervention Service

- Lead agency, coordinating support for families based at Kedron – they are able to broker support as required for families in a timely manner, working with families on points of concern that don't require Child Safety intervention
- Provides supports for children and families for 6 months working on goals the family want to achieve, an action plan is devised,
 - Parenting skills
 - Managing difficult behaviours
 - Access and support with other services-counselling, paediatric, health, housing
 - Groups – supporting children of parents with a mental illness
 - Resilience building for young people
 - Parenting
 - Individual Case management (intensive secondary support – domestic violence, mental health, multiple issues)
- Support teachers in education settings
- Referrals by child safety, schools, early childhood centres, self
- ❖ Contact Ph: 38289300 <https://www.missionaustralia.com.au/what-we-do/family-children-services>

Nexus Care

- Located next to Northside Christian College, 151 Flockton Street Everton Park
- Fresh Start Food Program
 - 3 months food parcels with menu/cooking lessons/nutrition education
 - No proof of hardship required, no restrictions on age or eligibility
- C.O.A.C.H. Mentoring program
 - Trained volunteers meet with families (goal focused, strengths based)
 - Support with budgets and parenting, personal goals for up to 12 months
- Community Connect
 - Monthly Community Morning Tea

- School Holiday Fun Day (life skill practice Prep-Year 6)
- Emergency Relief (Food, transport and medication vouchers, utility bills) Ph: 33542555
- Can be referred or self-referred
- ❖ Contact: Ph: 33537230 www.nexuscare.com.au

Picabeen Community Centre

- 22 Hoben St, Mitchelton
- Neighbourhood Centre (run by trained volunteers) and Youth programs
 - Classes (conversational English, numeracy and literacy, computer, tai chi, arts and crafts etc)
- General Services
 - Public Access Internet and Computers
 - No Interest Loans Scheme (NILS) up to \$1200
 - Free tax help (low income)
- Community Services
 - Youth Information and Referral Centre
 - Playgroups Tues (young parents) and Fridays
 - Free counselling with Centacare counsellors
 - Free legal support through Pine Rivers Legal System
 - Free emergency food program
 - Homework Help Club
 - Group work in schools (e.g. Academy of Young Entrepreneurs)
 - Anxiety support group
 - Intensive case management
- ❖ Ph: 33542555 <http://www.picabeen.org.au/>

Mitchelton ECDP (Early Childhood Development Program)

- Supports children 0-5 years with a referral from a Paediatrician and/or Early Childhood Centres
- Helps prepare young children for school
- ❖ Ph: 33545333 for enrolment criteria and process principal@mitcheltspecs.eq.edu.au
www.mitcheltspecs.eq.edu.au